The future of health in Europe
Three visions for 2037

What will health in Europe look like twenty years from now? The Health Futures Project, forming part of the European Health Forum Gastein’s celebration of its 20th anniversary, seeks to imagine what the future might hold for the health of European people.

The scenarios examine health for all and list of messages for decision-makers, to pave the way for future fit health systems.

**The Future is Local**

- Enhancing health quality of the more resource-restricted regions and nations
- Smoothing inequalities and rural disparities (biological, social, and cultural)
- Improving health in the individual and the family

**Your Responsibility, Your Health**

- Person-centred health systems taking responsibility for personal health with the emphasis on prevention
- Decentralised health and care systems
- Easy access to care and local services

**The Future is Global**

- Creating a global health policy agenda
- The role of international organisations and global health governance
- The global health agenda

1. **SCENARIO HOW DID WE GET HERE?**

   - Personalised care and digital health
   - Big data, big health
   - Digital technologies and the new health economy

2. **YOUR RESPONSIBILITY**

   - The future is not only about healthcare, but also about the quality of life
   - The balance between work and leisure
   - Prevention and early intervention

3. **TECHNOLOGY DELIVERS**

   - Environmental stress and mental health
   - genetic make-up and the proliferation of data
   - Technological solutions providing tailored medical advice

The scenarios the EHFG Health Futures Project produced are qualitative in nature, based on the combined experience and judgement of over 50 leading scientists, academics, clinicians, civil society representatives, policy makers and industry executives from within and beyond the health sector.

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