A greener, healthier, more inclusive Europe

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Gastein
5 October 2018
INHERIT focus areas:

- living
- moving
- consuming
Fair Society, Healthy Lives: 6 Policy Objectives

A. Give every child the best start in life
B. Enable all children, young people and adults to maximise their capabilities and have control over their lives
C. Create fair employment and good work for all
D. Ensure healthy standard of living for all
E. Create and develop healthy and sustainable places and communities
F. Strengthen the role and impact of ill health prevention
Living

• Energy efficient housing - cold and damp homes
• Green space
• Environmental benefits
Excess winter mortality index, by underlying cause of death, England and Wales, between 2014 to 2015 and 2016 to 2017

Source: Office for National Statistics
• “Based on the average of the last five winters, an estimated 9,660 people die in the UK each winter from conditions attributable to living in a cold home”

Source: Cold homes and excess winter deaths a preventable public health epidemic that can no longer be tolerated, Guertler & Smith 2018
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Source: Liddell et al 2016 quoted in Guertler & Smith 2018
Green space and area deprivation: England

![Bar chart showing the index of different types of green spaces across different levels of deprivation in England.](image_url)

- **Public parks**
- **General green space (excluding gardens)**
- **Recreation grounds**
- **Sports grounds**
- **Playgrounds**

Source: CABE Urban Green Nation 2010
Moving

• Active transport
• Environmental and health benefits
Car use in European cities 2015
Cycling in European Cities 2015

Source: Quality of Life Survey, Eurobarometer 419
Note: Respondents could select up to two modes. Therefore results may add up to more than 100%.

Air pollution & deprivation levels
Air pollution & schools in London

Figure E4 Count of schools grouped by the proportion of pupils eligible for Free School Meals and an NO₂ exceedence
Consuming: Diet is influenced by

- Income
- Social environment
- Built environment
- Psychosocial
- Knowledge
Dietary fruit & veg and red & processed meat by household income among adults (age ≥19 years) UK

Child obesity by deprivation decile: England (2012/13)

National Child Measurement Programme 2012/13
Median % of disposable income used up if Eatwell guide was spent,

Affordability of the UK’s Eatwell Guide, Scott, Sutherland & Taylor, 2018
Life expectancy at age 25 by education, men

Source: Health inequalities in the EU 2013