Mental health: putting theory into practice

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“we all have mental health”
As stigma falls, policy focus grows

- **Prevent** – e.g. School based programmes
- **Support** – e.g. Multidisciplinary service hubs
- **Treat** – e.g. Access to psychological therapies
- **Care** – e.g., community based services
- **Coordinate** – e.g., with employers
But treatment gaps remain

1. In Europe around 50% of major depressions are still untreated

2. Spreading and applying effective policies is slow

3. No measurement of inputs, quality, outcomes, and service user voices,
What to do

- Identify key policy domains of a strong mental health system
- Develop robust indicators to measure and compare performance in mental health care
- Capture users’ outcomes and experiences (e.g., OECD PaRIS)
Find out more…


- **Fit Mind, Fit Job, 2015**: www.oecd.org/els/emp/mental-health-and-work.htm

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