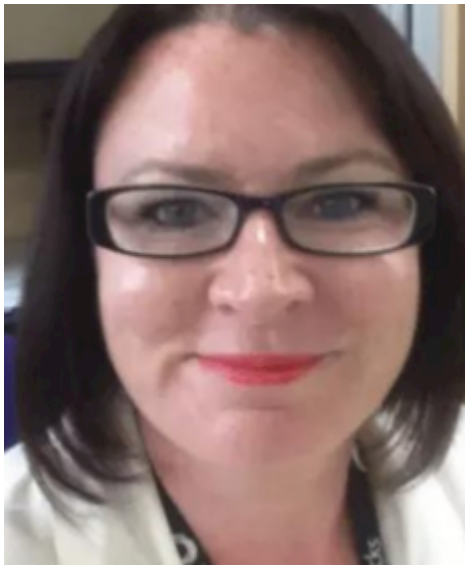
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Trout, Ruth
Buckinghamshire New University & European Association of Neuroscience Nurses



I qualified as a nurse in 1994, beginning my neuroscience career in Oxford in 1996. I completed a BSc in Critical Care (neurosciences) and worked within the neurosurgical, neurology and neuro intensive care units. My last clinical role was as an advanced neurosurgical nurse practitioner, independently running clinics before joining Buckinghamshire New University in 2010.

I completed my MSc in Autonomous Practice in 2008 at Oxford Brookes University and completed a Postgraduate Certificate in Education in 2014 at Buckinghamshire New University.

I am a member of the British, European and World Federations of Neuroscience Nurses. As a member of the British Association of Neuroscience Nurses Board from 2010-2017, I attended meetings and conferences representing BANN and UK neuroscience nurses. I was the lead organiser for the 2017 BANN conference in Oxford attended by over 400 delegates and sponsors over two days. I took over the role as BANN representative to EANN and WFNN for a period.

I am the author of many comment articles in the British Journal of Neuroscience Nursing as well as a published researcher. My most recent publications include ‘Nurses’ understanding and experience of applying painful stimuli when assessing components of the Glasgow Coma Scale’ published in the Journal of Clinical Nursing in September 2019.

I am currently working with an international group developing and disseminating an evidence-based policy document for healthcare professionals and policy makers on the need to prioritize brain health. This much needed guidance puts brain health on a par with other common conditions such as cancer and cardiovascular care. ‘Time matters’ the preventative neurology report was published in October 2019. I subsequently wrote an article encouraging nurses to become more involved with policy making, published in March 2021.