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Mehrunisha is a medically trained bioethicist and public health researcher with a range of research experience spanning from healthcare systems analysis to empirical ethics evaluation. She was previously co-editor of the NHS Atlas of Variation for Diabetes and Liver Disease at the Department of Health. More recently she has been working as a researcher at the University of Cambridge conducting an ethical analysis of the experiences and inequalities faced by patients and families trying to access effective palliative and end of life care services. She has extensive outreach and engagement experience, include working with minority groups and diverse sectors across the UK and globally.

Mehrunisha holds a DPhil in Population Health from the University of Oxford and a BA in Biomedical Sciences Tripos from the University of Cambridge. She also holds a medical degree and an MSc in Global Health Sciences from the University of Oxford. Mehrunisha is also a Member of the Faculty of Public Health. She is an expert for UNESCO's Ethics Teacher Training Programme and is a Council Member at the Nuffield Council on Bioethics. She also has an 'Alimiyyah degree in traditional Islamic studies and was awarded the 2017 National Ibn Sina Muslim News Award for health.