

**Soova, Kadri** Mental Health Europe



Kadri is the Director of Mental Health Europe, bringing over 15 years of experience in human rights, social inclusion, and migration policy. Before joining MHE, she led the Social Inclusion and Migration Unit at the Red Cross EU Office and served for over a decade at PICUM, where she was Deputy Director and a key voice in advancing the rights of migrants. Kadri's career spans advisory and management roles in government and civil society, with a strong focus on EU policy and systemic change. She holds master's degrees in Law and in Human Rights and Democratisation, and is deeply committed to promoting equity, dignity, and mental well-being across Europe.