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Juan Rachadell was born in Venezuela, and studied Medicine at the University of Lisbon and completed the 4-year Public Health residency program to become a Medical Public Health Specialist. Juan has been a scientific consultant at the Institute for Evidence Based Health since 2016 (former CEMBE), and completed a Specialization Course in Public Health at the National School of Public Health of NOVA Lisbon University in addition to a post graduate diploma in public policy at ISCTE-IUL. Juan is passionate about the intersection between evidence-based health, digital health, and public policy, and a member of the steering committee of the Digital Health Section of the European Public Health Association. Juan also practices clinical medicine as an MD in the private sector. Juan is interested in recognising how public health and health policy changes impact both populations and individual lives.