EUROPEAN
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Catalina is a psychologist, social entrepreneur, and PhD candidate at the University of Bucharest, Romania, researching the impact of social media on youth mental health. She is the co-founder of Let’s CEE!, an initiative to improve youth mental health across Central and Eastern Europe, and collaborates with Orygen Australia on the Being initiative, supporting youth mental health projects funded in the Eastern European region. She is also a member of the WHO Pan-European Mental Health Coalition and has contributed to the World Health Organization’s Youth Engaged for Mental Health publication.