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Rust, Petra
University of Vienna

Petra Rust is Professor at the Department of Nutritional Sciences at the University of Vienna. Her work focuses on nutrition, public health, health promotion and sustainable nutrition, with a particular interest in nutrition across the life course and evidence-based interventions. She has led and co-led numerous national and international research projects in the fields of nutrition and health, including the Austrian Nutrition Report 2026 and projects on student health, sustainable food, health literacy and early childhood nutrition. She is a member of the Austrian National Nutrition Commission and serves on the Board of the Austrian Nutrition Society.