EUROPEAN
HEALTH FORUM
GASTEIN

O'Shea, Pauline
Irish Heart Foundation

Pauline O'Shea is a heart patient, patient advocate and Advocacy Campaign Manager at the Irish Heart Foundation. Following a life-changing cardiac event at age 38, she became a leading voice for cardiovascular patients in Ireland, founding SCAD Ireland, establishing the Irish Heart Foundation's Patient Champions programme, and co-founding a national parliamentary group focused on cardiovascular care. She regularly brings the patient perspective to healthcare policy, service development, research and public discussions, and was recently appointed to Ireland's national health service partnership council as a patient representative.