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Oana-Mihaela Iusco is a patient advocate and member of the Mental Health Europe (MHE) Lived Experience Advisory Council (LEAC). Drawing on her lived experience of mental health recovery, invisible disabilities, and navigating healthcare systems across several European countries, she advocates for the meaningful inclusion of lived experience in health services and policymaking. Alongside her voluntary work, she contributes to peer leadership initiatives, multidisciplinary healthcare settings, and European networks focused on recovery, human rights, and mental health.