EUROPEAN
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Mäntylä, Fanni-Laura

Fanni-Laura Mäntylä is Mental Health Activist, Patient Advocate and Expert by Experience. In 2019-2020 Mäntylä was Chair in 5th Edition of European Health Parliament, Committee on Mental Health and Healthy Workforce. At only 21-years-old, Mäntylä suffered work related burnout concluding to nearly a decade with severe depression. Advocating for a more holistic understanding on mental health in Finland as well as abroad, Mäntylä has worked alongside organisations such as EPF, Eurordis, Gamian-EU, Kukunori and IMI project EU-PEARL.