EUROPEAN
HEALTH FORUM
GASTEIN

Nicora, Hélène
Parkinson's Europe

Hélène Nicora is Parkinson's new Europe Director General since early 2026. She brings more than 17 years of cross-industry strategic leadership and advocacy expertise, having worked for small and international non-profits, governments and multinationals. She also trains organisations and individuals to navigate change and transform complex goals into practical results, drawing on behavioural neuroscience and creativity. Passionate about helping people live happier lives and find the strength to thrive in the face of adversity, Hélène spearheads the strategic vision of Parkinson's Europe. She drives the association's plan to foster enhanced European and global collaboration, ensuring a united, transparent, and impactful approach to supporting the entire Parkinson's community.