EUROPEAN
HEALTH FORUM
GASTEIN

, Emmy
Euro Youth Mental Health

Emmy is a young History of Art student with a strong interest for mental health related questions and politics. Due to her personal life, Emmy started to express a strong need to learn more about mental health that she was able to transform into concrete action by volunteering for the Bear Project (https://bearproject.net), Pine Ridge's only suicide prevention program led by suicide prevention specialists Yvonne Decory and Eileen Jannis. After coming back to Europe, Emmy decided to look for more answers concerning mental health issues and decided to join Euro Youth Mental Health (https://eymh.org) a non profit organisation led by Nick Morgan dedicated to improve the mental health support young people get across Europe. Her biggest concern concerning mental health support is the lack of intersectionality that if often observed within some platforms of support and her biggest wish is to see those platforms getting more accessible and adapted to vulnerable communities.