Edeh, Ebere
spunout



Ebere is a law graduate from Maynooth University and a social justice and human rights youth advocate committed to making systems fairer, more inclusive and responsive to the people they serve. She has worked as a Graduate Trainee at Lucy Michael Research, Training and Consultancy, contributing to research with the European Union Agency for Fundamental Rights.

Ebere has worked with organisations including Spunout, Black and Irish, the Washington Ireland Program, Council of Europe, Diaspora Vote, STAND and Plan International, advocating for meaningful youth participation, equality and inclusion. At Maynooth University, she held student leadership and advocacy roles and contributed to the university's Race Equality Action Plan, with a particular focus on equity, diversity and representation.

Representing Spunout, Ebere brings a young person's perspective to conversations on mental health and wellbeing. Her advocacy is grounded in lived experience, empathy and intersectionality, and she is passionate about ensuring young people have a meaningful voice in shaping the health policies and systems that affect their lives. She believes that young people should not simply be consulted after decisions are made, but recognised as essential partners in creating healthier, fairer societies.