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Teresa Chavarría Gimenez has a degree in CC. Biological from the University of Malaga (1998) and PhD in CC. Biological by the University of Extremadura and the Higher Council for Scientific Research (2007). Career Officer within the Corps of Specialized Higher Graduates of Public Research Bodies (2009). Director of Health Research and Innovation Programs at the Carlos III Health Institute (2008-2015), a period in which she has served as the secretariat and coordinator of various national and European research plans and projects in the field of Chronic Diseases, Aging Active and Healthy and Neurodegenerative Diseases, being also the National Contact Point for European initiatives focused on the development of ICT innovations to improve the lives of the elderly.

She has been Deputy Director General of Health Research of the Health Council of the Community of Madrid (2016-2018). She assumed the position of General Director of Planning, Research and Training of the Autonomous Community of Madrid between May 2018 and September 2019. Since September 3, 2019, she is the General Director of Research, Teaching and Documentation in the Madrid Autonomous Community.