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Professor Nisreen Alwan is a Professor of Public Health at the University of Southampton and Honorary Consultant in Public Health at University Hospital Southampton NHS Foundation Trust in the UK. She leads research in maternal and child health towards optimising the wellbeing of families, preventing future chronic disease and reducing health inequalities. During the pandemic, she focused on the recognition and prevention of Long Covid. She was awarded an MBE for services to Medicine and Public Health during the pandemic in the Queen's New Year Honours 2021, and named among women leading change from across the world in the BBC 100 Women 2020 list.