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Francesco Branca graduated in Medicine and Surgery and specialized in Diabetology and Metabolic Diseases at the Università Cattolica del Sacro Cuore, Roma. He obtained a PhD in Nutrition at Aberdeen University. He has been a Senior Scientist at the Italian Food and Nutrition research Institute where he was responsible for the design and implementation of several studies on the effects of food and nutrients on human health at the different stages of the life cycle and for the design, management and evaluation of public health nutrition programmes.

He has been President of the Federation of the European Nutrition Societies in 2003-2007.

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